

# Tips to get my child ready for 'back to school' this summer

## SUMMER 2

Recommend books linked to change and transition

Tip #1: Talk to them about school.

Tip #2: Keep a routine.

Tip #3: Be excited about the year ahead with them.

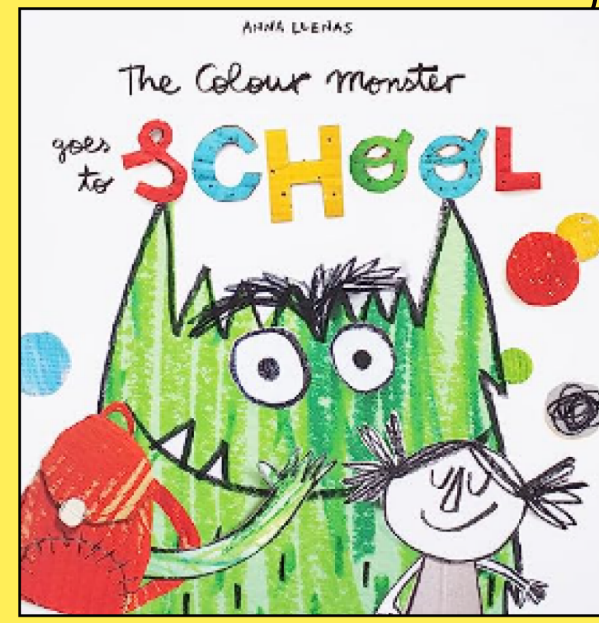
Tip #4: Play schools.

Tip #5: Keep them in the know.

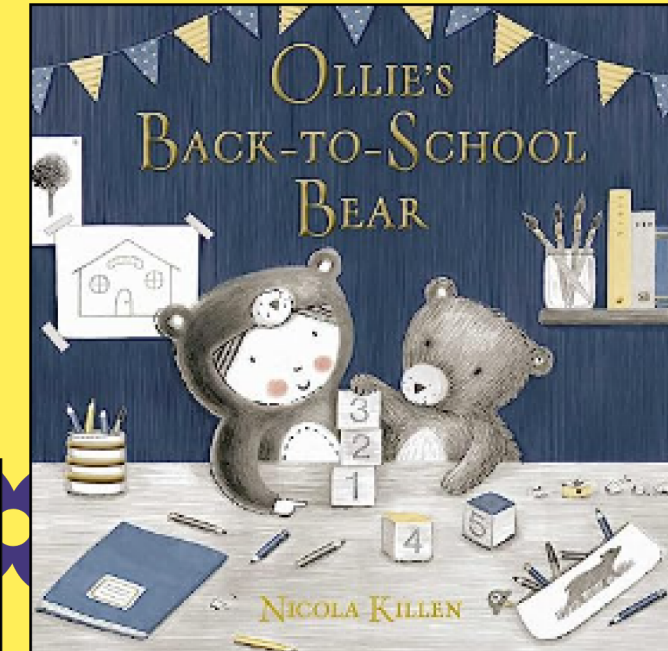
Tip #6: Get them to help you get ready to go back.

Tip #7: Label, label, label!

Tip #8: Ask them what they'd like for their snack or packed lunch.



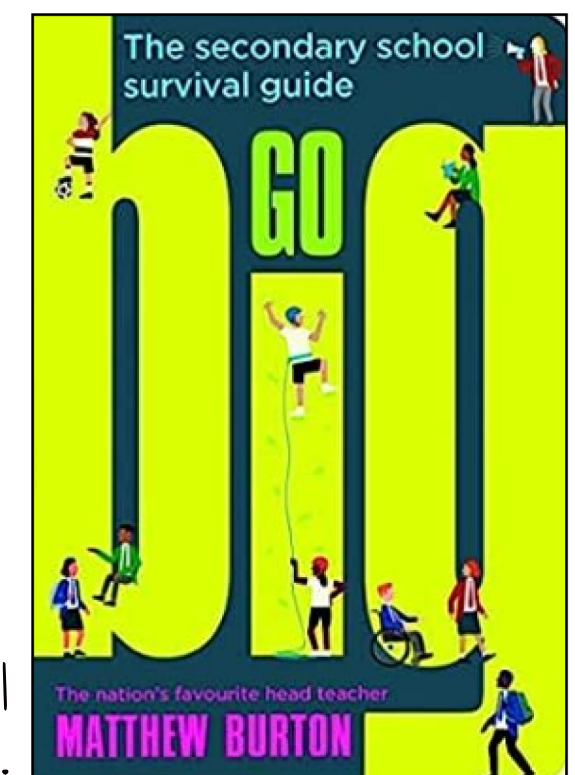
For younger readers.  
[Click here for link.](#)



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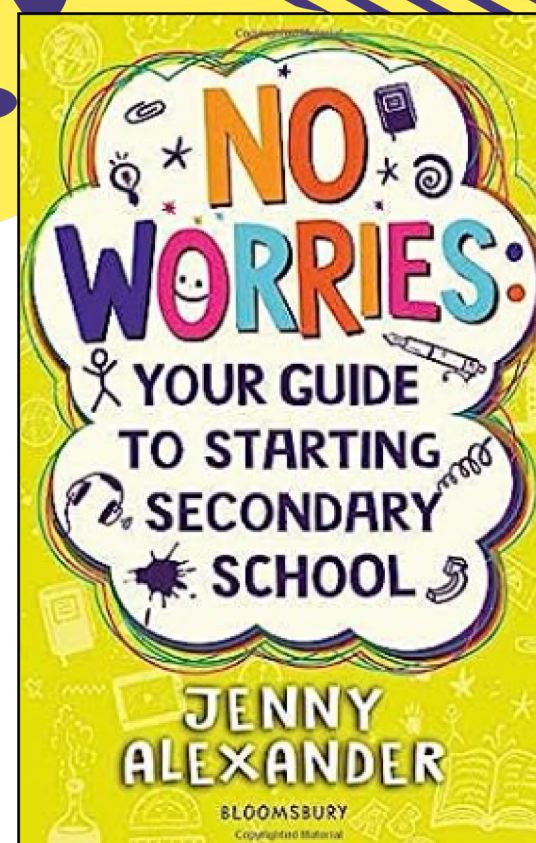


For all age readers.  
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For Year 6 going to secondary school  
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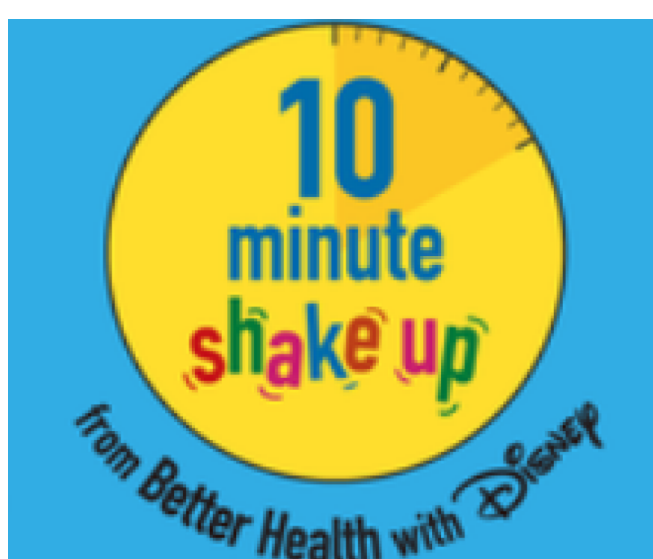
This edition focuses on change and transition

Look out for our Welcome presentations in September where you can find out more about the year ahead.

## THE CRESCENT PRIMARY SCHOOL

# WAYS YOU CAN SUPPORT CHILDREN'S MENTAL HEALTH AND WELLBEING AT HOME

Try these kids apps at home to calm or get energised



[10 minute shake up game](#)



[Chill Panda](#)

What's on near me over the summer? [Check out Eastleigh Bid's Events here.](#)

