

	Autumn		Spring		Summer	
	1 Personal	2 Social	3 Cognitive	4 Creative	5 Physical	6 Health and Fitness
Year R	real PE Coordination - Floor Movement Patterns (FUNS station 10) Static Balance - One leg standing (FUNS station 1)	real PE Dynamic Balance to Agility (6) Static Balance - seated (2)	real PE Dynamic Balance (5) Static balance - Small Base (4)	real PE Coordination - ball skills (9) Counter Balance in pairs (7)	real PE Coordination with Equipment (8) Agility - Ball chasing (12)	real PE Agility - Ball chasing (11) Static Balance - Floor Work (3)
Year 1	real PE Coordination - Floor Movement Patterns (FUNS station 10) Static Balance - One leg standing (FUNS station 1)	real PE Dynamic Balance to Agility (6) Static Balance - seated (2)	real PE Dynamic Balance (5) Static balance - Small Base (4)	real PE Coordination - ball skills (9) Counter Balance in pairs (7)	real PE Coordination with Equipment (8) Agility - Ball chasing (12)	real PE Agility - Ball chasing (11) Static Balance - Floor Work (3)
	Gymnastics - Shape and balance	Multi-skills	Gymnastics - wall bars	Games	British Dance	Athletics
Year 2	real PE Coordination - Floor Movement Patterns (FUNS station 10) Static Balance - One leg standing (FUNS station 1)	real PE Dynamic Balance to Agility (6) Static Balance - seated (2)	real PE Dynamic Balance (5) Static balance - Small Base (4)	real PE Coordination - ball skills (9) Counter Balance in pairs (7)	real PE Coordination with Equipment (8) Agility - Ball chasing (12)	real PE Agility - Ball chasing (11) Static Balance - Floor Work (3)
	Gymnastics - Shape and balance	Invasion games	Gymnastics - responding to music	Dance - Space	Games	Athletics
	1 Personal	2 Social	3 Cognitive	4 Creative	5 Physical	6 Health and Fitness
Year 3	real PE Cardio - Coordination - Floor Movement Patterns (10) One Leg Standing (1)	real PE Cardio - Dynamic Balance to Agility (6) Static Balance - Seated (2)	real PE Cardio - Dynamic Balance (5) Coordination - Ball Skills (9)	real PE Coordination with Equipment (8) Counter Balance in Pairs (7)	real PE Agility - React/Response (12) Static Balance - Floor Work (3)	real PE Cardio - Agility - Ball Chasing (11) Static Balance - Small Base (4)
	Basketball	Gymnastics - Shape and balance	Football	Gymnastics - responding to music	Dance - Sport	Athletics
Year 4	real PE Cardio - Coordination - Floor Movement	real PE Cardio - Dynamic Balance to Agility (6)	real PE Cardio - Dynamic Balance (5)	real PE Coordination with Equipment (8)	real PE Agility - React/Response (12)	real PE Cardio - Agility - Ball Chasing (11)

	Patterns (10) One Leg Standing (1)	Static Balance - Seated (2)	Coordination - Ball Skills (9)	Counter Balance in Pairs (7)	Static Balance - Floor Work (3)	Static Balance - Small Base (4)
	Netball	Gymnastics - wall bars	Rugby	Hockey	Dance - carnival	Athletics

	Autumn		Spring		Summer	
	1 Cognitive	2 Creative	3 Social	4 Physical	5 Health and Fitness	6 Personal
Year 5	real PE Coordination - Ball Skills (9) Agility - React/Response (12)	real PE Static Balance - Seated (2) Static Balance - Floor Work (3)	real PE Dynamic Balance (5) Counter Balance in Pairs (7)	real PE One Leg Standing (1) Dynamic Balance to Agility (6)	real PE Static Balance - Small Base (4) Coordination - Floor Movement Patterns (10)	real PE Agility - Ball Chasing (11) Coordination with Equipment (8)
	Football	Street dance	Gymnastics - responding to music	Tennis	Cricket	Athletics
Year 6	real PE Coordination - Ball Skills (9) Agility - React/Response (12)	real PE Static Balance - Seated (2) Static Balance - Floor Work (3)	real PE Dynamic Balance (5) Counter Balance in Pairs (7)	real PE One Leg Standing (1) Dynamic Balance to Agility (6)	real PE Static Balance - Small Base (4) Coordination - Floor Movement Patterns (10)	real PE Agility - Ball Chasing (11) Coordination with Equipment (8)
	Swimming	WW2 dance	Rugby	Gymnastics - responding to music	Cricket	Athletics

