



The Crescent Primary School

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Mr Mark Wartnaby

Deputy Headteacher:

Mrs Natalie Preston

Assistant Headteacher:

Mrs Simone Burrough

5th June 2026

Year 5: Sex & Relationships Education

Dear Parents / Carers

I thought it would be useful to inform you of the particular areas that we will be focusing on in Sex and Relationships Education (SRE) towards the end of half-term. This may help you prepare for the possible questions or topics that your child might wish to discuss.

SRE is a compulsory part of our Personal, Social, Health and Citizenship Education Curriculum taught throughout the school. In year 5, children will learn about:

- How the human body changes during the period of puberty
- Menstruation
- Who to share their worries with

To support the work in class children will be watching DVD materials from Channel 4's 'Living and Growing' series:

- Unit 2: Changes
- Unit 3: Girl Talk
- Unit 3: Boy Talk

If you would like to view any of these DVD programmes, we will be showing them on **Tuesday 16th June** at 3:30pm in **Sharman classroom** (5A). A copy of the SRE policy is also available for you to read.

Parents can withdraw their child from the parts of Sex and Relationship Education (SRE) which fall outside the National Curriculum. Any parent/carer wishing to withdraw their child should discuss this with the class teacher by **Monday 22nd June**.

An appointment between the class teacher and parent will need to be made to discuss the withdrawal. If after this meeting the parent/carer still wishes the child to be withdrawn from the session, the child will be provided with related work and sent to an alternative class while SRE is being taught.

If you would like further advice or information, please do not hesitate to contact your child's class teacher.

Yours sincerely,

Mrs Silcox and Mrs Staley

Year 5 leads

